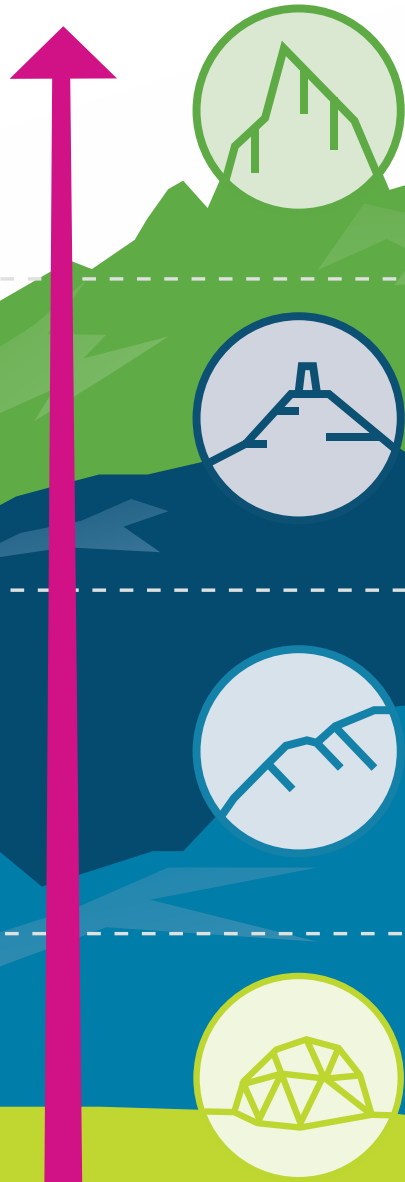


# WHICH LEVEL OF ADVENTURE IS RIGHT FOR ME?



## PINNACLE

AGES 16 - 22

19 DAYS (18 nights) away from home

**ONE CONTINUOUS EXPEDITION** you will be away from centre for the entire duration of your adventure

**EXPERIENCE OF WILD ADVENTURES** and going on overnight expeditions needed

**LOCATIONS:**  
Aberdovey, North Wales  
Loch Eil, Scottish Highlands  
Ullswater, Lake District

**ADVENTURES:**  
19 Day Adventure 16-22 years

## SUMMIT

AGES 13 - 17

14 DAYS (13 nights) away from home

**5 NIGHTS OUT ON OVERNIGHT EXPEDITION** (split over multiple days)

**EXPERIENCE OF EXPLORING THE OUTDOORS** and camping overnight needed, such as being at Outward Bound or completing your DofE

**LOCATIONS:**  
Ogwen, North Wales  
Loch Eil, Scottish Highlands  
Ullswater, Lake District

**ADVENTURES:**  
14 Day Adventure 13-15 years  
14 Day Adventure 16-17 years

## RIDGE

AGES 10 - 17

7 DAYS (6 nights) away from home

**1 OVERNIGHT** for 10-12 year olds  
**2 NIGHTS AWAY FROM CENTRE** on overnight expedition for 13-17 year olds

**SOME OUTDOOR EXPERIENCE NEEDED,** such as being part of Scouts or Guides, or been to Outward Bound before

**LOCATIONS:**  
Aberdovey, North Wales  
Loch Eil, Scottish Highlands  
Ullswater and Howtown, Lake District

**ADVENTURES:**  
7 Day Adventure 10-12 years  
7 Day Adventure 13-15 years  
7 Day Adventure 16-17 years

## BASECAMP

AGES 10 - 17

5 DAYS (4 nights) away from home

**COOK OUT** for 10-12 year olds  
**1 OVERNIGHT** camp for 13-19 year olds

**LITTLE OR NO EXPERIENCE OF THE OUTDOORS NEEDED;** perfect for your first wilderness experience

**LOCATIONS:**  
Aberdovey, North Wales  
Loch Eil, Scottish Highlands  
Howtown, Lake District

**ADVENTURES:**  
5 Day Adventure 10-12 years  
5 Day Adventure 13-15 years  
5 Day Adventure 16-17 years